



DINNER

STARTERS



Heydal's Soup

1700 kr

Ginger, curry, tomatoes, carrots, coconut milk, garlic, onion.
Served with bread & butter.

Cream of Fish Soup

2400 kr

Fish, lobster, shrimp, garlic, cream.
Served with bread & butter.



Smoked Puffin

2200 kr

Locally caught puffin served with sesame sauce, melon balls and blueberry jam.
Served with bread & butter.

FISH



Fresh Trout from Heydalur

4500 kr

Taste freshly caught trout from our farm.
Served with rosemary potatoes and fresh salad.

Choose your variety:

- pan-fried with salt & pepper
- oven-baked with pesto
- oven-baked with blue cheese
- oven-baked with mango chutney and pine nuts
- oven-baked with soy sauce, chilli, garlic, ginger

Salmon from Heydal's River

6000 kr

Taste freshly caught salmon from our river.
Oven-baked with fresh salad and rosemary potatoes.
From August to September.



CHILDREN'S MENU



Sliced Sandwich

1300 kr

Toast bread with ham, cheese and mustard sauce.
Served with fresh salad.

Meat Lasagne

2200 kr

Lasagne with beef and tomato pasta sauce.
Served with fresh salad.

* Ask our staff for allergens information.

HEYDALUR





DINNER

MEAT COURSES



Heydal's Burger

3000 kr

Beef, bacon, ham, cheese, vegetables, hamburger sauce, BBQ sauce.
Served with rosemary potatoes & fresh salad.

Traditional Icelandic Meat Soup

2800 kr

Hearty lamb soup with vegetables.
Served with bread & butter.

Valley of Adventure Lamb Stew

3900 kr

Lamb hunks, curry, leek, carrots and banana.
Served with rice & fresh salad.



Lamb Fillet with Mushroom Sauce

6000 kr

Spiced lamb fillet with sauce of wild mushrooms from Heydal's valley, spinach and pecan nuts.
Served with root vegetables & fresh salad.

VEGETARIAN COURSES



Vegetable Bake

2800 kr

Pastry filled with broccoli, celery, tomatoes, egg, crème fraiche, mozzarella, blue cheese, almonds.
Served with fresh salad.

Veggie Lasagne

2800 kr

Carrots, onion, garlic, zucchini, celery root, tomatoes.
Served with fresh salad.



SIDE DISHES

Fresh Salad

600 kr

Rosemary Potatoes

600 kr

* Ask our staff for allergens information.

HEYDALUR

